

Sandesh



Vol - 1, Nov 2018

Stay connected with
life back home

Showcase rich
Haryanvi culture

Promote integration
with multicultural
Australia

Spread Haryanvi
culture of brotherhood
and respect

Work as a team to bring
together all Haryanvis
living in Australia

Embrace Australian
values and culture

Establish senior
Parents' recreation
centre

Celebrate events
together

Organise sporting
events

Bring Haryanvi artists to
Australia for concerts

Bring all Haryanvis in
Australia together under
one banner

Provide support to
new migrants

TOGETHER WE CAN MAKE IT HAPPEN



ASSOCIATION OF
HARYANVIS
IN AUSTRALIA

www.myaha.org.au

Suite 603, Level 6, 93 George Street, Parramatta NSW 2150 • Registration number- INC1800922 • ABN -12 553 618 814

Make Your Child A Maths Champion



**We Make Maths
Easy & Fun**



MATHS & ENGLISH TUTORIALS

- Individual Sessions
- Group Sessions

**HANDWRITING
CLASSES**



क-ख-ग
**HINDI
CLASSES**

AGE
GROUP
4-15
YEARS

ABACUS PROGRAM

- Mental Maths Ability
- Confidence
- Concentration
- Visualization
- Fine Learning



www.brainboostersacademy.com.au

Ph.: 0415 876 979

Email: brainboosters108@gmail.com



Gladys Berejiklian MP
Premier of New South Wales

Haryana Day Celebrations

I am delighted to send my best wishes to the Association of Haryanvis in Australia and all Haryanvi speakers in New South Wales as you celebrate Haryana Day.

With more than 13 million speakers worldwide, Haryanvi has become a vehicle to promote Haryana culture and traditions to future generations across the globe.

I wish the association well in its work to promote the Haryana region and its people, and for sharing its heritage with the people of NSW.

I would also like to thank the association for its efforts and commitment to our harmonious multicultural society.

Gladys Berejiklian MP
Premier

High Commissioner

Phone : +61-2-6273 1920
Fax : +61-2-6273 3328
E-mail : hc.canberra@mea.gov.in



भारत का उच्चायोग, कैनबरा
HIGH COMMISSION OF INDIA
3 Moonah Place, Yarralumla
Canberra, ACT 2600
AUSTRALIA

22 October 2018



MESSAGE

I am glad to know that the Association of Haryanvis in Australia is celebrating the Haryana Day Utsav "Haryanvi Saanjh" on 2nd November 2018

India is a composite of diverse cultures, languages and traditions. Events like Haryanvi Saanjh offers opportunity to showcase our rich culture, not only to our next generation but also to multicultural Australia, which is progressively appreciating Indian cultural presence.

I am glad to know that the Association is publishing a souvenir for the event.

Please accept my best wishes to the Association for the Utsav and successful publication of the event magazine.

(Dr. A.M. Gondane)



General Dalbir Singh, PVSM, UYSM, AVSM, VSM (Retd)
Former Chief of the Army Staff & Honorary Colonel 5 Gorkha Rifles (FF)



MESSAGE

Dear Friends,

On the occasion of **Haryana Day** and its first celebration by **Association of Haryanvis in Australia**, I extend my heartiest felicitations to all our fellow **Haryanvis** who now call Australia as their home and still have a deep rooted connection back to our homeland.

Haryana has a proud history dating back to the Vedic Ages. The Vedic land of Haryana has been a cradle of Indian Culture and Civilisation. Indian traditions regard this region as the matrix of creation of northern altar' where Brahma performed the pristine sacrifice and created the universe. The state was home to the legendary Bharat Dynasty, after which the country was named Bharat.

Replete with legends and Vedic references, Haryana's past is steeped in glory. It was on the pious land of Haryana that saint Ved Vyas wrote The Mahabharata Epic. It was here that Lord Krishna delivered the celestial gospel of Karma Yoga to Arjuna enshrined in Shrimad Bhagwat Gita about 5000 years ago.

Since then, this philosophy of the supremacy of duty has become a beacon to succeeding generations and the contribution of Haryana in the Defence Forces, Sports and the Service of the Nation is well known across the globe.



With just 1.37 per cent of the total geographical area and less than two per cent of India's population, Haryana has carved out a special niche of distinction for itself, whether it is agriculture or industry, canal based irrigation or rural electrification, Haryana keeps marching towards modernity. The state enjoys the unique distinction of being among the first in the country to provide electricity, mettle roads and potable drinking water to all its villages.

I congratulate the team of **Association of Haryanvis** in Australia on taking the initiative to form an association that not only envisages to bind the **Haryana Community** together, but also keep the community close to our rich cultural heritage and traditions. It is with such selfless efforts that we would be able to pass on our cultural inheritance to our younger generation and set examples that continue to inspire.

Best Wishes

(Dalbir Singh Suhag)
General

Message from the President



Dear Friends,

It gives me immense pleasure to introduce the first edition of our annual Souvenir - '*Sandesh*'. We have set out on a journey to not only preserve and promote the rich Haryanvi culture of brotherhood & industriousness amongst Haryanvis and their future generations but also enabling them to integrate better with Australian values & Culture.

Seniors in our society hold a unique position and we had an objective to create something unique for our Seniors here in Australia. With this vision, we have initiated a recreation centre especially for our senior members that runs twice a week and we plan to extend it to more days and locations in the coming future. This recreation centre gives an opportunity for interaction amongst the senior members and deepen relationships through recreation activities.

Keeping in mind the aspect of integration of new migrants in the Australian Culture, we have initiated an 'Open Day' on the first Saturday of each month. This Open Day is focused towards providing guidance, advise and support from already established Haryanvis to new migrants and the students here in Australia.

We would be organising a few cultural events across the year to further our mission of joining and strengthening the bond in our Community.

Whilst we have started with our effort concerted in the New South Wales region, we plan to engage with our fellow brethren across Australia and with that goal in mind, we would initiate further Chapters of AHA in Melbourne, Brisbane & Perth in the coming period.

I thank all our sponsors and partners for their support. Last but not the least the BIG shout to our core committee, their families and all the volunteers who have put in their efforts selflessly to bring this aspiration to life. The execution of an initiative of this magnitude wouldn't have been possible without the active support of our families.

I would be happy to hear from you on the first edition of the Souvenir and suggestions on how we can further build upon the journey that we have started. We would continue to progress on the goals that we have set for ourselves and would request your support all along.

With Best Regards,

Sewa Singh Redhu

President, The Association of Haryanvis in Australia

From the Editor's Desk

Dear Readers,

On behalf of the editorial board members, it is with great pleasure, humility and honour that I welcome you to this inaugural first issue of ***Sandesh*** - a Souvenir published by the Association of Haryanvis in Australia.

The Souvenir has a strong emphasis on amalgamating the cultural heritage and traditions of our homeland to the modern values of multi-cultural Australia and imbibing the same in our future generations.

Our versatile inheritance and background is the strength of our community and the objective is to gain and spread knowledge of this rich culture and create a platform in the form of a yearly publication which will showcase the talent and contribution of our community towards the society.

The souvenir envisages to provide a platform to our fellow Haryanvis to express their views, ideas and thoughts in the form they excel, so that the interchange of these expressions lead to a much stronger development of our community and the society in general.

The articles we received for the Souvenir reveal that the intellectual minds of our community are no less when it comes to creative writing or coherently expressing their philosophical minds. The articles of this issue vary from rich experiences of our Seniors to the expression of our youth towards their opinion about various aspects of life. The issue also includes very well written poems and creative drawings by our younger generation.

Our first issue is the collective effort of the Team at AHA and we hope that as our family grows, the future editions of this Souvenir would be much richer in variety and content. I would like to thank all the members for their contributions in the form of articles, stories, poems, drawings and all other inputs. I hope the tradition that we're starting today continues to flourish over the period.

Jai Hind!

What future looks like without planning.

At CPR Advisers, we can help you make the right choices for life's important financial decisions. We are passionate about helping businesses and individuals achieve their financial and lifestyle goals. Our aim is to build long-term partnerships with our clients and assist them in building, protecting and managing their wealth and lifestyle for them and their families.




Talk to us about:

- Self Managed Super Fund (SMSF)
- Strategic Investment Advice
- Home Loans
- Personal Superannuation
- Centrelink Entitlement
- Personal Insurance & Risk Management
- Retirement Planning
- Investment Planning
- Cashflow & Debt Management

Back Row - Left to Right - Kevin Kroeger (Financial Planner), Parag Dixit (Mortgage Broker), Rajesh Malik (Director & Financial Planner), Alex Thong (Financial Planner)
Front Row - Left to Right - Priyanka Chaudhary (Admin Assistant), Effie Bouyioukos (Office Manager), Agnes Kim (Adviser Support Officer)

Call 1300 136 575 or visit www.cpradvisers.com.au

Office : Suite 1, 7 Parkes St, Parramatta NSW 2150
Ph: 02 9633 3504 | F: 02 8583 3303 | E: cpr_admin@ampfp.com.au

Accredited by
AMP Financial Planning | 



Authorised representative of AMP Financial Planning Pty Ltd, ABN 89 051 208 327. AFSL No. 232706. Any advice contained in this advertisement is of a general in nature only and does not take into account the objectives, financial situation or needs of any particular person. Therefore, before making any decision, you should consider the appropriateness of the advice with regard to those matters

हरियाणा की यादें

विदेश में आना जितना मुश्किल है उसतै भी मुश्किल है आड़े की life में adjust होना।

Homesickness, family support, language barrier, New culture etc. जो हरियाणा नै याद करण न मजबूर करदैं सै। कुछ चीजें जो हर हरियाणवी के दिल में Australia आया पाछे घो करैं:



1. Festivals: त्योहार

कोई फ़र्क़ ना पड़ता आपें कितने ही gatherings, clubbing, beach surfing कर लयां।

जो स्वाद बूढ़े बढेरयां गैल हुका पीण मैं, मोटर पै नहाण मैं, होली दिवाली मणाण मैं था। वें इब्ब दूर दूर नी। जाडे तो ब्याह attend अर्र नयोंदे घालण मैं ही लिंकड जाया करते।

पड़ोस मैं तै मँजे बिस्तरे कठे करणे, कढ़ाई पै लाडु बुचवाणे, रिश्तेदारां मैं चीठी बांडणी। हरियाणा मैं बिताया एक एक दिन त्योहार जीसा होयै करै था। जो कि Australia मैं ना है।

2. Blow: आवाज़

कुल्फ़ी आले की पांपु पांपु, सब्जी आले के रूक्के, मोटर्सईकिलां के horn, गाडी मैं दुपचिक दुपचिक फ़ुल volume आले गाणे, बस कंडक्टर का रूकै मार मार सवारी भरणा, मंदिर के घंटे ताई लेकै loudspeaker लाग सबमै रौला (शोर) ज़रूर था, पर इसका स्वाद ऐ न्यारा था। आड़े तो ज़ोर कै गाणे भी लागज्या सै तो घर police आले है। कई \$ का फ़र्र फाड़कै 'enjoy your day mate' कहदैं है।

3. Population: महारी जनसंख्या

महारे लोग - हाँ भाई, आपणी जनसंख्या!! जो की आपणी पछयाण बणगी है उसनै, अर्र आपणै गुटा नै।

हरियाणा मै कित भी जाया करते तो झुंड मैं जाते। जड़ै मर्ज़ी हांडो आपणे लोग किलकी मारदे, बिड़ी पीते, ओल्या आली लुगाई आम नज़र आते।

आड़े बाहर सिडनी मैं लोग तो दिखज्यां सै पर आज 4 साल पाछे भी उन्मै आपणापण ना लागदा।

4. Approach: पोंच

Approach शब्द सही मान्य मैं बणया ही आपणे खातर है। कोई ट्रैफ़िक का rule तोड़या हो, पेपर काढ़णा हो, हर जगह रिश्तेदारी बचादे है। बशर्ते आप न बेरा हो कुणसा रिश्तेदार कड़ै काम आ सकै। आड़े Australia मैं तो प्रधानमंत्री का छोरा bhi लाइन मै लागया पावैगा।

5. Cricket match: देशभक्ती

Cricket match एक religion जिसनै सारे देश के लोग follow करै सै। फ़र्क़ ना पड़ता मैच कुणसे दिन हैं। क्रिकेट का stadium फ़ुल ही पावैगा। अर्र भारत पाकिस्तान का मैच तो कोईसे country मैं होता हो हर गली नुक्कड़ ही stadium बन जाया करै था। हर चोक्के छके, विकेट पाछे की किलकी, देशभक्ति के गाणे आम थे। Australia मैं तो शिफ़्ट पै Cricinfo नै देख ही मन भरजया है।

6. Bargaining: ठीक ठीक लाले

कोए फ़र्क़ ना पड़ता थाम हरियाणा मैं कपड़े खरीद रे सो के घर। ठीक ठीक लाले या फेर कितने लग करदेगा कहणा आम सै। आड़े हर चीज का fix price है। जो satisfaction रेट तडाकै खरीदण मैं आया करती वो full displayed amount pay करण मैं कोन्या आती।

7. Maa: माता

Cooking, laundry, cleaning, सब कुछ जब आप करना पड़ै तो माँ के काम की क़दर होजै ह। पर छाती चोड़ी होजया है जब वा रिश्तेदारी मैं जाण जोगा खर्चा आपणे पै माँगै बाबू पै नी।

8. Fever: बुखार

एक time था जीब स्कूल की छुट्टी मारणी होया करै थी तो बुखार का भाना लादे क्रया थे। थोड़ा सा भी कुछ हो जाता तो खासे लोग घेर लेते कोई रोटी पूछता, कोई ठंडे पाणी की पट्टी लांदा। डॉक्टर भी घरी आजयै था अर्र सुवा तो मराबटा गोज मैं ही राखै था।

Australia मैं तो कुछ ही होजया आपै manage करना पड़ै। अर्र सारी बीमारी का इलाज सै 'PANADOL'

9. Brocode: भाईचारा-

भाईचारा शब्द ना है यू रिश्ता है जिसनै सिर्फ़ हरियाणा आले ही समझ सकै सै।

नाई, बामण, जाट 36 बिरादरी एक दूसरे तै जूड़े होई सै अर्र सबके काम एक दूसरे बिना पूरे नहि होते। किसान आपणी फ़सल सबतै छमाही म बाँटेगा, नाई रिश्ता त लेकै ब्याह तक धोरया रहगा।

भाईचारा भी एक कारण ह भारत याद आण का जो भी है भाइयों जन्मभूमि अर्र कर्मभूमि दोनु की आपणी अहमियत सै। दोनु देश आपणी ज़िंदगी के अहम हिस्से है अर्र बोहत कुछ सिखाया है।

बाहर की easy सै life सुणण मैं सेला सै,
Dollar बणावै बावला कुण उरै बेला सै,

Tommy Nike पहरणिया,
Safety shoes मैं फिरै भागदा

काम करणा पड़ै दिन रात,
ऊवें कोनी NRI का tag लागादा

जय भारत • जय Australia!!

Narender Malik

GM & Co.

CHARTERED ACCOUNTANTS



- » Tax Consultancy, Planning and Ongoing Compliance for all types of entities including return lodgements
- » Business Structuring and Start-Up Advice including Companies, Trusts & Partnerships setups
 - » Due diligence procedures and advice for new business acquisitions
- » International Tax advice » Self Managed Superannuation Funds accounting and tax
- » Accounting and Book-Keeping Services

SUITE 603 LEVEL 6 93 GEORGE STREET PARRAMATTA NSW 2150

Call Munish Grover on 0432 080 721

EMAIL: munish@gmtaxconsultants.com.au

Number ONE - Haryana



Do you know, our Haryana is number ONE in Economy, Ease of Doing Business, Cleanliness, Sports, Manufacturing, Agriculture, contribution in Indian Forces and many more areas in India.

Sandeep Malik

A snapshot of few of these areas:

- Haryana has the highest per capita income of \$2700 in large states in India in 2017.
- Haryana is ranked No.1 in "Ease of Doing Business" in India in 2017.
- Haryana is home to more than 250 of the Global Fortune 500 companies.
- Haryana has maximum share in Start-Up's in National Capital Region (NCR) which is No.1 in India in terms of number of funding deals and total funding amount raised in 2017.
- Haryana is No.1 in Foreign Direct investment per capita.
- Haryana is one of largest software exporter in the country.
- Haryana has maximum area in National Capital Region (NCR) - 57% of Haryana (13 out of 22 districts) is part of NCR.
- Haryana is judged cleanest among all states in India in 2018 and Rewari being in top 3 cleanest districts.
- Haryana is No.1 in Sports, every 3rd medal India has produced in large International Sporting competitions like Commonwealth, Asian Games & Olympics, comes from Haryana
- Haryana is among top 3 contributing states in sending officers in Indian Armed Forces
- Haryana is one of the most industrialised State in India
- Haryana is the largest producer of passenger cars (more than 50%), tractors (55%), motor cycles (57%).
- Haryana is No.1 exporter of basmati rice and second largest contributor to the Central Food Grains Pool.
- Haryana is the first state in India to receive full rural electrification and all season metalled roads connecting every village.

"We are fast transforming from an Agriculture to Industrial to Service sector driven state"



T I L E S A N D B A T H

Tiles
from **\$10**
sq m



PORCELAIN AND CERAMIC TILES

LAMINATE / BAMBOO / HARDWOOD FLOORING



BATH TUBS, VANITIES, TOILET SUITS, TAPS AND MIXERS

SHOWER SCREENS (FRAMELESS / SEMIFRAME / CUSTOM SIZE)



BATHROOM RENOVATIONS

BUY DIRECT FROM IMPORTER

acmetilesandbath.com.au



Facebook.com/acmetilesandbath

For an obligation free quote, please call or visit our showroom

6/79 Station Road, Seven Hills NSW 2147

JATINDER SINGH (JT) 0430 874 630 | VISHAL SINGH 0434 846 946

A poem by Narender Malik -

A Haryanvi Student in Australia



पटाखया जोगे पिसे जोड़या करते
गए दिन खळयोणे सवाली के
चरखी की ढाल Mop चालै सै
ओखे काटणे घण्टे Shift रात आली के
फ़ोन पै बतलाकै काम चला लिया
बलगे दिवे समझो दिवाली के
Australia आकै बेरा लागया
दिन आछे थे गाम मै ठाली के

गुलगुले पूड़े बाहण बणाती
खोवा काढ़ै दादी थी
माँ देती खरचण जोगे
आपणी मौज आज़ादी थी
बाबू की चिल्लम भरया करते
मित्र उसके सारे हाली थे
Australia आकै बेरा लागया
दिन आँछे थे गाम मै ठालि के

Gucci Nike पहर्या करते
मंडासा मार्या कइयाँ कै दुःखा था
जित भी जाते इजत मिलती
चौधर महारी का रूका था
दादा तै घणा पयार था मेरा
उसनै प्यारा हुक्का था
हाँजू गिरजया याद आवै जिब
टेम बिताया गैल मालि के
Australia आकै बेरा लागया
दिन आछे थे गाम मै ठालि के

मुँह पै रवै सै चमक घणी
काळस रवै कालराँ मै
दिन रात काम कर भी थकते ना
कमाई कराँ सा डॉलर मै
फ़्रीस काढ़लया घर भी भेजदया
मरोडे देवै बाबू मुँछ काली के
Australia न बोहत कुछ सिखाया
दिन आछे है ज़िंदगी आज भी आली के

WITH BEST COMPLIMENTS OF

SOLICITORS • CONVEYANCING • IMMIGRATION LAWYERS

Janki S Bhandary

Solicitor & Barrister, New South Wales
Solicitor & Advocate, India

11/12 Churchill Ave, Strathfield NSW 2135
4/995, Victoria Rd, West Ryde NSW 2114
Sydney Australia

T (02) 9746 5655 F (02) 8088 4344
M 0430 119 486 / 0408 510 908
E jankileagles@gmail.com

WITH BEST COMPLIMENTS OF

Subhash Mehla and Family



Xtreme

iPHONE XS - PLAN

WITH **60**^{GB} DATA

STARTS AT
\$112
PER MONTH

 **STORE & LOCATIONS**

GRANVILLE | HORNSBY | TWEED CITY | WYNYARD | SYDNEY INTERNATIONAL AIRPORT

IPSWICH | MORAYFIELD | ROBINA | SURFERS PARADISE | VICTORIA POINT

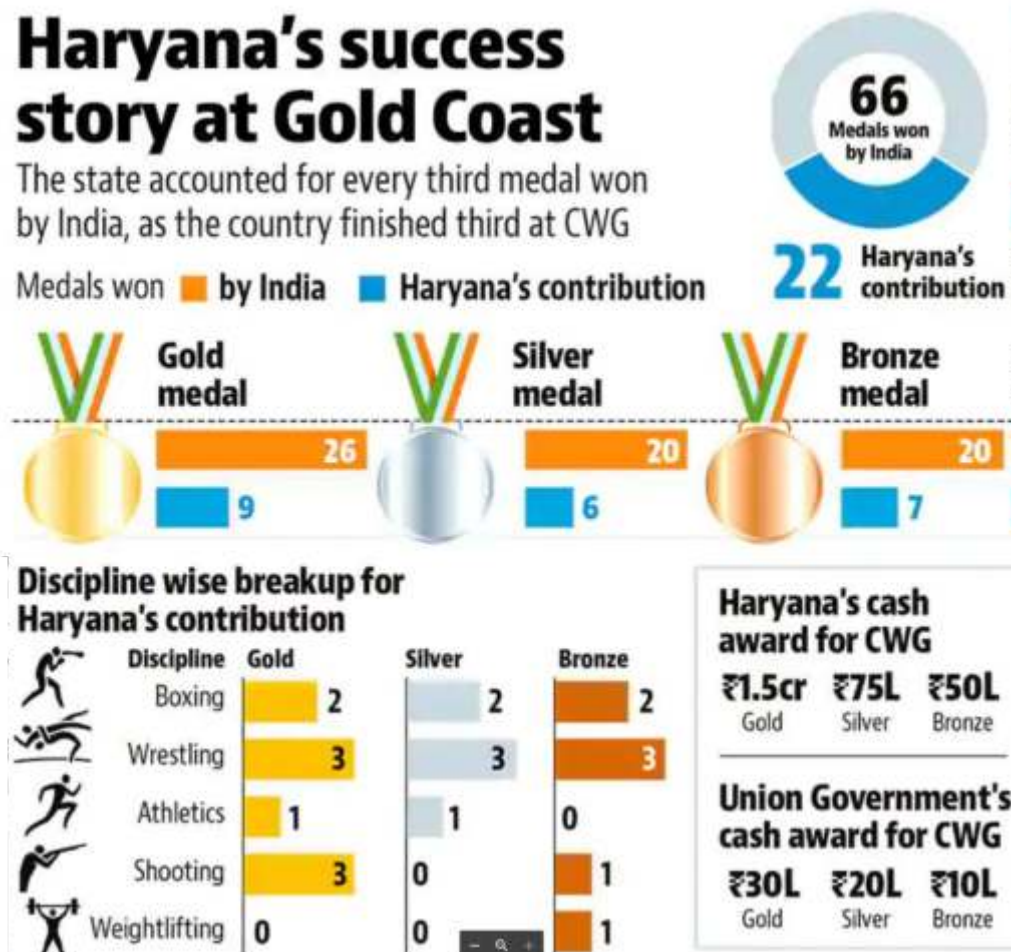
CALL US 1300 75 0017
WWW.XTREMEONLINE.COM.AU



Haryana the sports engine of India

Haryana athletes brought home 22 out of the 66 medals won by India at the 2018 Commonwealth Games (CWG 2018) in Gold Coast, and the Indian Army had laid the foundation for the state to become a sports nursery

8More sweets, fireworks, floral garlands, victory parades, and athletes with medals around their necks —Haryana celebrated more than anyone else when the Indian contingent returned from the Gold Coast Commonwealth Games this April with an impressive tally of 66 medals, including 26 gold.



The feat is not new for this northern state with a population of 25 million people (according to the 2011 census). Haryana won 19 of the 64 medals India collected in the 2014 Glasgow Commonwealth Games and 27 out of 101 in the 2010 edition in New Delhi.

The state's domination in sports is somehow linked to the majority of its people's collective preference for a robust physique that helps them work the fields under a sweltering sun, get jobs in the Defence, and indulge in sporting activities. This is getting reflected in the medal tally which has Wrestling and Boxing taking the lead followed by Shooting, Athletics and Weightlifting.

Wrestling has always been an integral part of rural Haryana, where grapplers in loincloths competed for prizes that varied from a fistful of cash or a pot of ghee to nothing but village pride in Dangal's, or local competitions, held in red dirt rings. These rustic rings produced some of India's best wrestlers, including the Phogat sisters whose life and success spawned the 2016 Bollywood biographical blockbuster Dangal.

But it's the defence that laid the foundation for agrarian Haryana to turn into the country's sports nursery. Before the green revolution in the 1970s that made the state one of the top crop producers, hundreds of able-bodied Haryanvis joined the army, air force and paramilitary forces to supplement their family income and some of these soldiers eventually become national and international athletes with defence patronage.

**LOWEST AIR FARES
FOREVER***

**BOOK
NOW
PAY
LATER***

ONLY AT



BOOK ONLINE OR CALL

1300 837 920

WWW.FORTUNEWORLDTOUR.COM.AU

* Terms & Conditions Apply

Enchanting India

India is a vast country with 29 States and 7 Union Territories. Each part of this beautiful country is uniquely different, but one can feel the same atmosphere of spirituality, harmony and festivities throughout the country. I have explored India numerous times particularly the state of Haryana with my parents. I was always bestowed with immense affection and attention from my extended family and relatives. My visits to Haryana, mostly Rohtak; my parents' hometown brought mixed feeling of belongingness and confusion. The visit that made the biggest impact on my life however, was when I went to India for a month with my peers.

Recently, my school took eleven Year 10 aspiring students to India for a month. This trip distinctively focussed on adventure, which included trekking, and community service. The entire trip was planned independently by the girls along with a little help from the company taking us. We were in charge of the trek and community service that we wanted to do. For many this was their first time going to India and for me it was the first time I went without my parents.

We chose to do the Hampta Pass trek in Himachal Pradesh. It was the most breathtaking adventure I have ever done. The scenic landscapes, open green pastures, and glacial valleys made this trekking expedition to Hampta pass an exciting one. It felt like we were photoshopped into a Windows desktop screen saver. The feeling of being up in the mountains was magical. Along the way, however, weather conditions were fluctuating, sometimes it would be biting cold that it would feel that your hands are frozen and at other times, it was pleasant.

Our next destination was Community Service with the Sambhali Trust in Jodhpur. We experienced the contrast in temperature, costumes and culture moving from the mountains to the desert terrain. Sambhali trust is a non-government organisation with the objective of empowering the women in Rajasthan. We had raised nine thousand dollars through bake sales and fundraising in Australia, which we used to repaint one of their empowerment centres, buy sewing machines, books and other resources that will help empower the women at the trust. The experience, which touched my heart the most, was interaction with the women, knowing their stories and life experiences, and how they stand strong and dream to make a difference in society. The journey to India with my peers not only made me realise how privileged we as Australian youth are but also it taught me a lesson that though India is still dealing with a lot of social issues the people never lose hope or stop dreaming.

Akriti Singh Redhu

STUCK WITH THE WRONG MARKETING AGENCY?



Running a business and stuck with the wrong marketing services provider?

Call Wordsworth Creative on **0416118088**

for a chat about your branding, advertising, website, advertising and all marketing communication services.

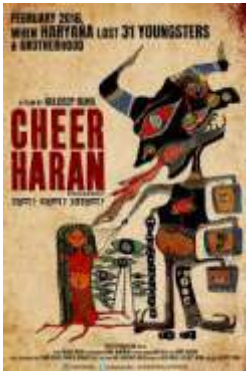
wordsworthcreative.com.au

WORDSWORTH
C R E A T I V E



The Association of Haryanvis in Australia (AHA) was formally launched on Oct 5th, 2018 at New South Wales Parliament in Sydney. Our sincere thanks to Luke Foley, Leader of Opposition NSW, B Vanlalawna, Consul General of India, Julia Finn, Member of Parliament for Granville, and Jodie McKay, Member of Parliament for Strathfield, for attending the launch event and sharing our joy. A big thank you to all friends and families for being part of this momentous occasion.





CHEER HARAN

CHEER HARAN Premiere In Sydney 2018

The premiere of internationally acclaimed documentary *Cheer Haran* by director Kuldeep Ruhil was held on June 16, 2018 in Sydney. It was also the first event organised by the Association of Haryanvis in Australia. We are grateful for the overwhelming response by the Indian community in Sydney from all parts of India. Here are some moments from the memorable evening.





Prosperity
Partners

Creating wealth through property.

FREE
Strategy
valued at
\$297

Start Your Journey To Financial Freedom Today

**Create Wealth Through
Property Using Proven
Strategies, So You
Can Spend Your Time
The Way You Want To.**

**"We've helped over 600 people
start their journey to becoming
property millionaires."**



Take Advantage of Our Expertise
Visit: www.jrprosperity.com.au/free-strategy
Call: 1300 522 562

SUCCESS

RELIANCE
FINANCIAL SOLUTIONS

SECURITY

RELIANCE
PROPERTIES & INVESTMENT

REWARDS

RELIANCE
REWARDS

Welcome to the Reliance Group, where financial services and real estate investment opportunities come together to offer you the complete solution.

The Reliance Group comprises of three companies: Reliance Financial Solutions, Reliance Properties & Investment Services and Reliance Rewards. Each business has been set up to provide you professional and practical service and consultation. What can we do for you today?

R **RELIANCE**
GROUP

reliancegroup.com.au

Suite 603, Level 6, George Street, Parramatta NSW 2150 • Tel: 61 2 9893 7881 • info@reliancegroup.com.au

Trifurcation of Punjab in 1966 - Gainers or Losers



Ram Dev Sharma

Retd. Dy Secretary

Govt of Haryana, India

In democracy, a politician banks on public votes and as a vested interest tends to feed his/her constituency to seek any future votes. Since independence, the Punjab politicians in power mostly showered development funds on the northern region ignoring areas now in the state of Haryana. This rightly led to political resentments. Some elements in Punjab raised a voice for Punjabi Suba. They claimed that an area up to Karnal district was Punjabi speaking and should be declared Punjabi Suba. So much so that a person named "Pheruman" took a fast unto death to achieve the object. The whole gamut of circumstances led to the formation of "Punjab Re-organisation Commission" by then the Union Government of India. As result the big re-organisation, the original Punjab state was trifurcated in to states of current Punjab, Haryana and Himachal Pardesh with effect from 1st Nov 1966.

Consequent upon the emergence of new states of Haryana and Himachal Pardesh, various employees of joint state of Punjab were allocated to new states retaining some of them for reorganized Punjab. As a general principle, residents of the area falling in the re-organised states were allocated to their parent state.

At first to me, my allocation to Haryana was disturbing as many of my friends and relatives were allocated to Punjab. But by God's grace it proved to be a blessing in disguise. Many of my senior colleagues who were younger in age went to Punjab thus thought of a chance of earlier promotions was promising.

Pre-planned beautiful city of Chandigarh had been a bone of contention between new states of Punjab and Haryana. Both wanted it to fall to their area. The dispute came to be adjudicated by Mrs Indira Gandhi then prime minister of India, allocating a good chunk of area of Fazilka and Abohar of Punjab to Haryana in return for Chandigarh. The decision was resented and

not accepted by Punjab as they did not want to part with fertile revenue rich land of Fazilka and Abohar.

Political compulsions in Haryana continued pushing for acceptance of decision and in a positive hope news search for an area for locating capital of Haryana either in Bhiwani or Hissar or even in Karnal district by successive chief ministers of Haryana continued circulating. In such a fluid situation, employees of Haryana who wanted to acquire some property in new capital of Haryana became "Trishankus" losing by every passing day. The dispute over capital city of Chandigarh has now come to such a pass that neither of two states wanted to lose it. They are now enjoying the services of the "Switzerland" of northern India on 60:40 sharing basis, whereas the beautiful city is being maintained as Union Territory by Union Government of India. Sister planned cities of SAS Mohali and Panchkula have been developed by Punjab and Haryana states respectively. Both are locating their government departments there too. So now this Tricity is the seat of governments of Punjab, Haryana and Union Territory, Chandigarh and a major industrial and commercial hub in itself.

Big brother Punjab has never been magnanimous. Since birth Haryana had been striving to get due share of river waters but has been denied by Punjab due to appeasement of electorates by political parties. At some stage "Satluj-Yamuna" link canal (SYL) was planned and agreed upon to carry Haryana's share of river waters to Haryana. Both acquired lands for the purpose and canal was dug on both sides of states to certain lengths. But later due to political climate change in Punjab state, Haryana still stands denied of its rightful share of river waters. So much so in Punjab the land acquired for the canal is said to have been returned to their owners. Meanwhile during nineties in the last century, civil peace in Punjab remained in great turmoil. So many innocent people were killed by terrorists. The turmoil was successfully silenced but the efforts also resulted in deaths of a prime minister of India and a chief minister of Punjab.

In the end of this layman's story I leave it to your judgement as to who were gainers or losers of this political game.

SPECIAL OFFERS TO PUT A SMILE ON YOUR FACE

SPECIAL OFFER

\$99

for a check up,
clean & fluoride

10% discount on all treatments



SMILE MAKEOVER SPECIAL

6 PORCELAIN VENEERS

FOR ONLY

\$3499

10% discount on all treatments

We are an affordable family Dental Clinic in Richmond, offering a complete range of dental services. From General Consultations and Dentistry to highly technical and complex Dental services and Cosmetic Dentistry, we do it all. Our dentists are highly qualified and trained professionals who have dedicated their careers to maintain and keep your oral health at its best.

Why Choose SmileXcellence

- ✦ Affordable family Dental clinic
- ✦ Experienced and highly qualified Dentists
- ✦ Everything under one roof
- ✦ Expert General Dentists
- ✦ Trained Cosmetic Dentists
- ✦ Only 2 minutes walk away from Richmond Railway Station
- ✦ Free parking available



smilexcellence
a new era in dentistry

Phone: (02) 4505 1223 • **Mobile:** 0424 966 544 • **Email:** info@smilexcellence.com.au

Address: 47 East Market St Richmond, NSW 2753 Australia

Opening Hours: Monday - Friday: 9:00 am - 6:00 pm, Saturday: 8:00 am - 2:00 pm

Haryana's Contribution to the Independence Movement of INDIA

Many roads that led to India's freedom at midnight of August 14-15, 1947 went through Haryana. That historic moment of India that gave Indians freedom from British rule was a result of blood, sweat and tears of many Indians across India.

But do we know of Haryana's contribution to the freedom movement? It's important for the current generation to know of the sacrifices that our forefathers and freedom fighters made to give India its freedom and all of us an opportunity to lead a life where we are free in our own land and where all citizens have an equal opportunity to live and work.

The story of Haryana's contribution in making this possible is one of selfless service, heroism and sacrifice, and one that should inspire the youth of today to build a better and more prosperous Haryana.

Haryana: The Battleground

Haryana keeps the pride of place in the evolution of Indian history. Right from the time of Mahabharata, where a large part of the epic took place in what is now called Haryana. Kurukshetra was the land where the greatest battle between 'right and wrong' took place. And it is interesting that right through history, Haryana has been a battleground for many battles.

Since Haryana was formed in 1966, it was earlier part of Punjab and therefore there is a lot of mention of Punjab in the freedom struggle for independence, but little is known of Haryana's contribution in terms of people's sacrifice and the places where significant events took place.

First spark for Independence in Haryana

Are you aware that the 1st spark of revolt in Haryana against the British rule started on 10th May, 1857 at Ambala? It was here that the soldiers of the Native Infantry started the revolt by protesting the use of animal fat on the cartridges, which they had to bite off to load their rifles. On the same day, similar revolt took place in the Native Infantry located at Meerut. The incident quickly spread to all parts of Haryana which soon came to be known as the 1st Battle for Independence.

Haryana in the forefront of protest

By now, the **Non-Cooperation Movement** in Haryana was gaining ground with more people joining in the call for independence. Several young citizens from Haryana who were studying in places like Delhi and Lahore gave up their education to jump into the freedom movement. Amongst the many names who joined the movement were Deshbandhu Gupta (Panipat), Lala Janki Dass, Pandit Ram Phool Singh (Rohtak), Ch Dharamveer Singh Malik (Sonapat), Lala Ajudhya Prasad (Dadri), Chandrasen Vashisth (Gurgaon) were amongst the long list of patriots. Haryana today owes its gratitude to their nationalism.

There was patriotism and zeal amongst the people and the resentment against the British was only growing and with each passing day, the British began to realise that the India was becoming more difficult to govern.

It took the World War 2, to turn the tide in favour of India becoming independent. The terrible loss of lives suffered by the British and the massive cost of war bled the empire. That along with the growing movement in India for independence finally made the British decide to free India from colonial rule. But the freedom came at a terrible cost of communal strife between Hindus and Muslims, which ultimately led to partition and the formation of Pakistan.

Finally, Independence!

So, it was Aug 14-15, 1947 that saw India finally achieving its Independence from British rule.

We must never forget the massive sacrifice that our forefathers and freedom fighters made to make this possible and of the significant contribution by all men, women and children of Haryana through the years. Their collective contribution makes us live freely and with dignity today and this is a legacy that we must all uphold together and pass on to the next generation. For this is our land and heritage.

Haryana belongs to all of us, so on this auspicious Haryana Day, let us all together pledge our support and commitment to developing a better and more prosperous Haryana for all.

Jai Hind! - Vikram Malik

With Best Compliments From



ONE STOP SHOP FOR ALL YOUR PROMOTIONAL PRODUCTS NEED



www.techpromotion.com.au • sales@techpromotion.com.au • 1300 715 955

SUN BOOST

AUSTRALIA'S
FASTEST GROWING
SOLAR COMPANY

6.6_{KW} BIGGEST EVER PREMIUM SYSTEM

24 TIER 1 PREMIUM PANELS

5_{KW} SOLIS WIFI INVERTER

AFTER DISCOUNT

\$3491

FULLY INSTALLED!



1300 786 266
SUNBOOST.COM.AU
CLAIM YOUR **INSTANT DISCOUNT!**

1-Phase Standard Sydney Metro Install Only, T&C Apply. Call For More Details

Through the eyes of children



Amish Gupta



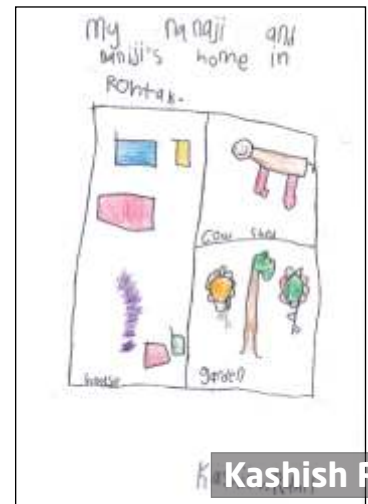
Darsh Gupta



Kanishk



Pankaj's son



K Kashish Ruhil



Shourya Malik



Pavit Laura



Saina Laura



Pankaj's Daughter



Moksh Gupta



Home "N" Home

Direct factory outlet

upto
50%
off



**Hand Woven Rugs
Cushion Cover
Pillow
Bath Mats
Towels
Curtains**

**Bed Sheet Sets
Fitted Bed Sheets
Quilt Cover
Patchwork Quilts
Machine Quilts
Blankets**

SHOP:
Home 'N' Home
Next To Service NSW
Shop SP352
Bankstown Central
Lady Cutler Ave
Bankstown NSW 2209



WAREHOUSE:
Alpha Global Imports Pty. Ltd.
30/28-30 Barry Rd,
Chipping Norton NSW 2170
Mob : +61432246018
PH : +61 2 9727 2363
Email : Malik@agisyd.com.au
Website : www.agisyd.com.au

Best Value Real Estate



VIVEK KANWAR

0488 884 835
vivek@bestvaluere.com.au
bestvaluere.com.au
192B Queen Street, St Marys, NSW, 2760

The smarter way.

“The price I got for the property through Vivek was way above my expectations and much higher than the other sold properties in that area. Vivek is a good negotiator and easy to communicate with.”

HIMANSHU, ROPES CROSSING

With half a decade worth of real estate experience in the Greater Western Sydney area alone, Vivek Kanwar has a comprehensive understanding of the local property market, supported by his strategic retail, marketing and analytics experience.

Vivek's open communication style enables him to engage with people across all walks of life, while his experience and market knowledge allow him to provide expert advice and guidance.

Working from Parramatta to Penrith, Vivek has achieved multiple sales records—most recently closing two record-breaking sales of \$3.7 million and \$4.2 million. Vivek pinpoints new suburbs such as Marsden Park, Box Hill and Jordan Spring as future growth areas, with new developments generating a number of opportunities.

Vivek is driven to bring in the best price for every property and loves the chance to connect with sellers and buyers alike, creating lasting relationships based on mutual respect.

WITH BEST COMPLIMENTS OF



Narender Gupta



**Investors! Talk to our agents
for investor incentives**

SOPHISTICATION MEETS LOCATION

An
inspection
of the Display
Apartment is
a must to
truly appreciate
the inclusions
and
finishes

- Perfectly positioned in a quiet residential street is this boutique block of 42 luxury apartments, within minutes walk to the heart of Blacktown CBD.
- This modern, architecturally designed building and the premium inclusions and attention to detail implemented in the construction, sets it apart with a new benchmark and will be sure to impress investors and buyers alike.

- Walking distance to TAFE, Westpoint Shopping Centre, schools, childcare centres, train station, buses, shops, Medicare and Blacktown Aquatic Centre. Minutes away from M4, M7, the Great Western Highway and Wet & Wild theme park.
- First home buyers are encouraged to take advantage of the current available \$10,000 first home buyers grant and zero stamp duty for eligible purchases up to \$600,000 and \$650,000 respectively.

QUALITY
*with out
compromise*

For more details or to book a visit, contact : Rakesh Ratnaraj 0432 077 521 • Sewa Singh 0410 616 463 (Mobile)

R & S REALTY
PROPERTY GROUP

श्रीमद्भगवद्गीता

विश्व को हरियाणा की अनमोल देन



मुख्य विषय से पूर्व, मैं हरियाणा प्रान्त के बारे में संक्षिप्त विवरण देना आवश्यक समझता हूँ।

हरियाणा भारत के समृद्ध राज्यों में से एक है तथा वैदिक एवं सिंधु घाटी सभ्यता का मुख्य स्थान है। हरियाणा राज्य की राजधानी चंडीगढ़ है, जिसे 'सिटी ब्यूटीफुल' भी कहा जाता है। जहाँ कृषि एवं दुग्ध उत्पादन हरियाणा वासियों के प्रमुख व्यवसाय एवं जिविका के साधन हैं, वहीं गुरुग्राम (गुड़गांव) हरियाणा का महत्वपूर्ण वाणिज्य, औद्योगिक व प्राद्यौगिकी केन्द्र है। हरियाणा में धार्मिक संस्कृति को महत्व देते हुए, विभिन्न त्यौहार बहुत चाव से मनाये जाते हैं व समय समय पर मेलों का आयोजन भी अति उत्साह से किया जाता है। मेलों में दंगल-कुश्तियों का आयोजन व लोक रागनियों आदि का गायन व प्रतियोगिताएँ प्रमुख आकर्षण होती हैं। सेना, शिक्षा एवं खेलों के क्षेत्र में भी, हरियाणा अग्रणी है तथा राष्ट्रीय व अन्तर्राष्ट्रीय स्तर पर अपनी विशेष पहचान रखता है।

"देसां में देस हरियाणा, जित दूध, दही का खाणा" लोकोक्ति से हर व्यक्ति परिचित है। यद्यपि हिन्दी राज्य की भाषा है, तथापि अधिकतर हरियाणवी ही बोली जाती है। प्राचीन शिलालेखों पर अंकित पाए गए श्लोकों के अनुसार भी हरियाणा का वर्णन एवं तुलना, भूमंडल में स्वर्ग के समान की गई है: यथा "देशो अस्ति हरियानाख्यः पृथिव्यां स्वर्ग सन्निभः"। प्राचीन काल से ही बहुत से विद्वानों की मान्यता है कि हरि अर्थात् स्वयं भगवान के निवास या आगमन के कारण भी इस 'हरिभूमि' को "हरियाणा" कहा गया है।

हरियाणा राज्य के नगर कुरुक्षेत्र का शहरी क्षेत्र 'थानेसर' नामक एक अन्य ऐतिहासिक स्थल से सटा हुआ है और इसी स्थान पर कौरवों और पांडवों के मध्य महाभारत का महायुद्ध हुआ था। कुरुक्षेत्र को धर्मक्षेत्र भी कहा गया है। यहाँ निरन्तर हजारों देशी, विदेशी श्रद्धालु एवं पर्यटक ब्रह्मसरोवर, सन्निहित सरोवर व ज्योतिसर आदि के दर्शनार्थ एवं भ्रमणार्थ आते रहते हैं।

हजारों वर्ष पूर्व, भगवान श्रीकृष्ण ने अर्जुन को यहीं ज्योतिसर स्थल पर भगवद्गीता का उपदेश दिया था। अतः श्रीमद्भगवद्गीता को हरियाणा भूमि की अनमोल देन कहना सर्वथा उचित एवं सार्थक है।

भगवद्गीता के प्रथम श्लोक में ही इसका वर्णन मिलता है। श्रीमद्भगवद्गीता का विश्व साहित्य में अद्वितीय स्थान है। इसकी महिमा अगाध एवं असीम है और यह बहुत ही विलक्षण ग्रंथ है। वर्षों से यही मान्यता है कि स्वयं भगवान श्रीकृष्ण जी ने अर्जुन को निमित्त बनाकर व कर्तव्य बोध कराकर, मानवमात्र के कल्याण हेतु गीता का उपदेश दिया था। गीता का उद्देश्य भी, हर परिस्थिति में मानवमात्र की भलाई के लिए ही निहित है। अनेकों विद्वानों ने इसके गूढ़ श्लोकों का विभिन्न प्रकार के तर्क वितर्कों से अनुवाद किया है।

गीता का उपदेश हर काल में, हर समय लोगों का मार्गदर्शन करता आ रहा है। मनुष्य को जीवन में, हर परिस्थिति में अपने कर्म अथवा कर्तव्य का सदैव विवेक, दृढ़ निश्चय, धैर्य व तत्परता से पालन करना चाहिए और कभी भी, चाहे कैसी ही परिस्थितियाँ क्यों न हों, विमुख नहीं होना चाहिए। मानव जीवन में परिस्थितियाँ बदलती रहती हैं और विशेषकर समस्याओं से भयभीत व हताश न होकर डटकर सामना करना चाहिए और अपने कर्तव्य व उद्देश्य से कभी भी विमुख नहीं होना चाहिए।

"कर्मन्येवाधिकारस्ते, मा फलेषु कदाचन" के द्वारा मनुष्यमात्र को प्राप्त कर्तव्य का पालन करने के लिए ही प्रेरणा दी गई है। अपने कर्तव्य व उद्देश्य की सफलता एवं प्राप्ति के लिए सपरिश्रम सतत प्रयत्नरत रहना चाहिए; कर्मफल का परिणाम मनुष्य के आधीन नहीं है। अतः भगवद्गीता में 'कर्मयोग' को विशेष महत्व दिया गया है।

भगवद्गीता, जो विज्ञान की सीमाओं को तोड़ती है, न केवल हिन्दुओं, अपितु विश्व के प्रत्येक मानव के लिए है। हिन्दुओं की तो सदियों से गीता के प्रति धार्मिक भावनाएँ जुड़ी हुई हैं और पूज्य भाव हैं। परिवर्तन संसार का नियम है और विज्ञान भी इसे मानती है। विज्ञान के अनुसार, 'ऊर्जा न तो पैदा की जा सकती है और न ही नष्ट',



हरियाणा - मेरा गुरुर



जय हिंद
नवीन राणा

यह केवल स्वरूप बदलती है; हजारों वर्ष पूर्व गीता में वर्णित आत्मा की अमरता का नियम अथवा संदेश भी यही कहता है। गीता में आत्मा को सनातन (नित्य रहने वाली व अनादि) कहा गया है, अर्थात् न ही यह कभी मरती है और न ही किसी समय में उत्पन्न होती है। न ही इसे शस्त्रादि काट सकते हैं, न अग्नि जला सकती है, न जल गीला कर सकता है और न ही वायु सुखा सकती है।

भगवद्गीता में न केवल धार्मिक उपदेश निहित हैं, अपितु जीवन जीने की कला भी सिखाती है। इसका जितनी बार अध्ययन करो, नया ज्ञान और नयापन ही महसूस होगा। सबकुछ परमात्मा के ही अन्तर्गत है, उसके सिवाय कुछ नहीं है; इसी भाव में संपूर्ण गीता है। गीता में कर्मयोग, ज्ञानयोग, भक्तियोग व मोक्ष का विस्तृत वर्णन है, जिसको समझ पाना जनसाधारण तो क्या, विद्वानों के बस की बात भी नहीं है।

मनुष्य को सांसारिक व्यवहारों का भी निष्ठा एवं सच्चाई से पालन करना चाहिए। किसी भी मानव का 'जीवन स्वरूप' क्या होना चाहिये; बताती है, भगवद्गीता। बहुत से विद्वानों ने ज्ञान से परिपूर्ण गीता की बहुत सी टीकाएँ लिखी हैं। गीता में सृष्टि के ज्ञान का तार्किक एवं वैज्ञानिक रूप से वर्णन है। मानव अपनी बुद्धि का सदुपयोग करे, यही श्रेष्ठ उपलब्धि है और सदबुद्धि का उपयोग करते हुए, संसार के कर्म अथवा कर्तव्य निष्ठा एवं सरलता से करते रहें, यही मुख्य सारांश है।

हरियाणा का सू मै जामया
इस बात पै गुरुर मनाऊँ सूँ,
यू भारत देश के सिर का सै ताज
इस बात पै मोहर लगाऊँ सूँ ।।।

बॉर्डर पै जो खड़े किले से
जवान मेरे इस भूमि के,,
हँस हँस कै जो जान भी देदें
उनके आगै शीश झुकाऊँ हूँ ।।।

इस धरती पै उपदेश दिया
वृंदावन के कान्हा नै
रीझ रीझ कै दुनिया आगै
इस बात पै मै इतराऊँ हूँ ।।।

जंग का मैदान हो चाहे, हो मैदान खेल का
हम जान की बाजी लावें हैं,,
हम नं 1 हाँ अर नं 1 रवैगे
या साची बात बताऊँ हूँ ।।।

मैडल लया लया झोली भरदी
हमनै इस पावन धरती की,,
देश नै पडै जरूरत बॉर्डर पै
तो लाइन लगा दिया करे भरती की ।।।

सोमदत्त शर्मा

लेखक के विषय में :

लेखक, श्री सोमदत्त शर्मा, हरियाणा सरकार के सिंचाई एवं जल संसाधन विभाग से कार्यकारी अभियंता (प्रथम श्रेणी, अधिकारी) के पद से सेवानिवृत्त

हैं। इन्होंने सिंचाई विभाग में, हरियाणा के लगभग सभी जिलों में 36 वर्षों तक सेवा की, जिसमें से 8 वर्ष तक विश्व प्रसिद्ध भाखड़ा बांध पर भी सेवाएं दीं। लेखक इलैक्ट्रिकल इंजीनियरिंग में स्नातक हैं एवं संस्कृत भाषा में 'शास्त्री' भी की हुई है। लेखक ग्रामीण परिवेश से हैं तथा विशुद्ध हरियाणवी हैं।

{niche}
COLLECTIONS

- Apparel
- Costume Jewellery
- Punjabi Jutti
- Clutches
- Bed Linen
- and Much More

Follow us in:

<http://www.facebook.com/nichecollection.for.u/>

AN ENGLISH ESSAY DEDICATED TO GREAT GRANDPARENTS WHO CAN'T SPEAK ENGLISH

There is a picture of a sticky five-year-old me sitting in a box meant for an overgrown watermelon. On the balcony of the second floor of my grandmother's house, sticky with sugarcane juice, and with pitaji (my great grandfather) on the fold up bed beside me. I flash him a smile with my eyes, which are pushed up by my cheeks, half-closed.

The image is lost within the clutter of our albums and phones but is filed in the archives of my mind. Ready to be yanked from its assigned position when life inserts the cartridge, and decides to project a dazed show of nostalgia, in which I can hear the motherly laugh reciprocated towards my childish antics. I feel the powder of the cardboard rubbing against my pudgy thighs. I feel the buzz of family around me, chewing on pieces of ganna, blended within four generations of existence collectively experiencing one another.

I was older the next time I had gone to visit. I had six younger brothers (cousins) by then; but the chill on the second-floor balcony was not due to the seventeen-degree day.

The previous year in an event in no way forthcoming to my family nor myself; pitaji had passed. I had thought that the impact of his death would be similar to that of my granddad's mother when I was eight.

In this circumstance I was overtly affected. Recently I reflected on this, pondering why my reaction had been so dissimilar to the first death I had experienced. My first thought was that I was older and had developed an empathetic viewpoint. I then thought that my attitude was a product of my environment; my parents were no longer obliged to obscure their grief, displaying candidly the way the death had affected them.

The conclusion I came to was that: he spoke English. His village school education in Haryana meant that we were able to form a profound connection. Simply because of the fact that I understood and related to our conversations. I knew why I loved him.

Bijji (my great grandma) is hard of hearing. My dad calls her every two nights and makes all of his kids talk to her on the landline. It is not much of a conversation; whenever we will try to tell her our school marks or what we are doing she will never hear us. It's as if you could see her on the other end of the line comically squinting, pulling you closer to her ear and speaking in that lilted Haryanvi accent none of us understand. The routine is something of a chore to my younger brothers, as it was to me a few years ago. It is no longer a stale phone call, on bad days it is altruistic; in my eyes nowadays though I want to listen and appreciate what she has to say. I want to be able to form the same deep-rooted connection as I had with pitaji. A realisation I came to when I travelled to Panchkula last January.

Bijji had become frail and had to stay, on the bottom floor, of my grandma's house, she was treated similarly to the newborn who is expected to only eat and sleep. She went out onto the street everyday, with a plastic chair and table and platter of masala fruit to catch some sunlight. India, as you may not expect, can be incredibly boring at times, so on a day I felt like imploding with lethargy, pacing on the roof of our house. I looked down onto the street and like a benevolent god gazing down at their world I identified my great grandma. I cautiously descended the rickety stairs, hands tarnished from leaning against the

whitewashed walls, guardedly stepped over Kaloo the street dog and pulled up a stool beside bijji. For the two weeks that followed, I abided by the same routine for at least an hour. There were certain memories which were permanent fixtures in our daily conversations:

1 Wedding day: Recalling the tears which flowed like the Ganges down her face as she waited for the dupatta to be removed and reveal a family of strangers who were to replace hers. And how the tears were muted by the relief of realising that her husband was only ten years older than her.

2 Sending off: Remembering her only child, her daughter, crying and waving goodbye as she left on suitcase-filled rickshaw to a college in Delhi. The Ganges flowed once again but that day was a mela and lanterns floated into her eyes and heart as she beamed with the pride of having her daughter going to university while schooling was a lalateen dancing tantalisingly out of her own reach.

3 Birth: Reminiscing about the gratitude of donning the title of bijji and chanting in her head "Shashthi matha ki jai" in appreciation of being able to finally welcome a girl as a grandmother to only grandsons into her arms and her life. The Ganges gently undulated that day, as she resolved to go home and say her mantras praying for a better life for me.

On the plastic covered couch indoors with chai on the plastic covered table, I asked my parents why she livened up whenever I would come and sit by her and why she would talk to me about her experiences as a woman in Haryana.

Leaning forward in their chairs they explained: "older people don't ask for much, they don't have career goals or wants for a car or a new house, all they want is time from those who have more than them."

This essay may sound pretentious or even as if I believe I am doing a favour to all old people; this essay is a demand to myself, to cherish the time others have, and to vivify my own experiences through the way of observation and lending an ear to those around me. I used to believe I could never establish a deep-rooted relationship with bijji the way I did with her husband but the fact is that taking even five minutes out of my otherwise pointless day helped me recognise that we were related through our experiences and emotions. She was never educated, never given a chance to learn English but I will no longer refuse her a chance at a relationship with me due to that. Not only am I robbing her of a relationship, I am creating an obstacle between me and my heritage, me and my capacity to understand the beautiful state I am from, me and my connection with the strength of Haryanvi women.

No one knows Bijji's age, but I know that soon enough her ashes will be flowing through the Ganges and the Ganges flowing through my eyes.

But I promise, her voice, will be filed away in safekeeping forever.

By Eshna Gupta

PAIN MANAGEMENT & CHILD PSYCHIATRY CENTER IN CANBERRA

ACT Pain Centre is a Private Practice based in Bruce, Canberra. Dr Romil Jain (Specialist Pain Medicine Physician and Interventional Pain Specialist) along with other allied health specialists provides a multi-disciplinary treatment here in ACT Pain Centre to manage Chronic Pain, Complex Acute Pain conditions and Cancer pain. The aim at ACT Pain Centre is to promote active and self-management strategies.

Canberra Child Psychiatry Centre is a Private Practice owned based in Bruce, Canberra. Dr Deepa Singhal (Paediatric and Neurodevelopmental Psychiatrist) provides treatment for complex child psychiatry patients with neurodevelopmental disorder including ADHD, ASD, intellectual disability and tourette syndrome. She also does family therapies.



ACT Pain Centre/Canberra Child Psychiatry Centre
Suite 1, 40 Mary Potter Circuit, BRUCE, ACT 2617
Ph: (02) 6195 0180 • Fax: (02) 6147 0669
Email: kpactpaincentre@gmail.com

With Best Compliments of

Mr Surinder Singh Matharu

GK FABRICATION & FENCES

Free Quotes for all kinds of Fences, Pergola,
security doors, truck gates and site welding

Mobile: 0431392515

Email: GKfabrication_fences@yahoo.com

With Best Compliments of



24 X 7 BREAKDOWN

📞 0420 901 845

admin@meatrucks.com.au

02 9606 4886



MEA TRUCK REPAIRS

SPECIALISED IN VOLVO TRUCKS

TWO GREAT VENUES IN HARRIS PARK



Harris Park's newest
Indian family restaurant
(opposite Billu's).



We also do all types of catering.
For bookings
please contact (02) 96877785/0450224466

The Godfather: 59-61 Wigram Street, Harris Park, NSW, 2150 • T: 9806 9452 • www.thegodfather.com.au

Billu's: 62 Wigram Street, Harris Park NSW 2150 • T: 9687 7785 • www.billu.com.au

With Best Compliments of

Dr Manmit Madan

Westmead Medical Centre

160 Bridge Road, Westmead NSW 2145

Phone : 02 9891 4444 • 02 9863 4470

With Best Compliments of

Mr Roop Sharma

SUNRISE EXIMS PTY. LTD.

P.O. Box-294, Toongabbie, Australia - 2146

Ph: +61-298633533 • M: +61-61413041577

Fax: +61-298632484

Email: sunrise2000@optusnet.com.au

Web Site: <http://www.sunriseexims.biz>

With Best Compliments of

ROADSTAR TRUCKING PTY LTD

CALL

0434 866 076

0476 121 066

INFO@ROADSTARTRUCKING.COM.AU



ROADSTAR TRUCKING PTY LTD



With Best Compliments of



CALL

0438 527 769

0433 312 750



Best of the best!

No. 2 Sales Person in Starr Partners Group 2018

Our Director Gary Thind has ranked second in the Sales Person of the Year category at the recent Starr Partners Annual Awards. With over 250 real estate professionals in our group, the Top Sales Person category unveils a group of agents who are separating themselves from the pack by being true masters of their craft by setting a truly extraordinary standard of professionalism.

Gary and the team at Starr Partners Bella Vista realise that this accolade would not be possible without the trust and support of the local community, so we would like to take this opportunity to thank all the clients who have engaged us to sell or manage their property.

If you are thinking of selling your home or just need some general property advice, call Gary today on 0422 331 030.



starrpartners.com.au

SPECIAL DIWALI OFFER

Sign up for 1 year,
get 3 MONTHS
FREE!

Diwali is nearly here and it's time to buy precious jewellery and gold. Make sure you invest in protecting your valuables too. Kuber Vaults offers total safety and protection of a safety locker.



Dual Key Operation



Jewellery



Bullion



State-of-the-art construction



Buy top quality gold bullion.
Kuber Vaults is an authorised distributor
for ABC Bullion & products

- Open 7 days a week, 365 days a year
- Free Onsite Parking
- Convenient Castle Hill location
- World class security protocol
- 5 different locker sizes to suit your needs
- Prices starting from as low as \$18^{*} a month
- Unlimited free access

from
60¢
a day*



KUBER VAULTS

Safety • Security • Prosperity

27/9 Hoyle Avenue, Castle Hill, NSW 2154

Phone: 1800 058 237 • info@kubervaults.com.au

Call Kuber Vaults on 1800 OKUBER

Opening Hours:

Mon - Fri : 9.00 am - 5.00 pm

Sat, Sun & Public Holidays: 10.30 am - 3.00 pm



kubervaults.com.au



AHMI
Australian Health and
Management Institute
CRICOS Code: 02991A | RTO Provider ID: 75212

ENROL TODAY

START YOUR CAREER IN

CONSTRUCTION/AUTOMOTIVE & HEALTH

STUDY AT OUR SYDNEY OR CANBERRA CAMPUSES

- CERTIFICATE III IN LIGHT VEHICLE MECHANICAL TECHNOLOGY AUR30616
- CERTIFICATE IV IN AUTOMOTIVE MECHANICAL DIAGNOSIS AUR40216 ■
- DIPLOMA OF AUTOMOTIVE TECHNOLOGY AUR53216

- CERTIFICATE III IN CARPENTRY CPC302
- CERTIFICATE III IN PAINTING AND DECORATING CPC30611
- DIPLOMA OF BUILDING AND CONSTRUCTION (BUILDING) CPC50210

- CERTIFICATE IV IN AGEING SUPPORT CHC43015

OTHER COURSES OFFERED

ENGLISH FOR GENERAL PURPOSE - BEGINNERS TO ADVANCED LEVEL 094895M

DIPLOMA OF BUSINESS ES1350215

ADVANCED DIPLOMA OF BUSINESS 85860215

DIPLOMA OF LEADERSHIP AND MANAGEMENT 85851915

ADVANCED DIPLOMA OF LEADERSHIP AND MANAGEMENT 85461015

GRADUATE DIPLOMA OF STRATEGIC LEADERSHIP 85880215

FOR ADMISSIONS CALL

02 9687 3323

SYDNEY CAMPUS:

Level 2, 43 Marion St, Parramatta, NSW, 2150

Canberra Campus:

Suite 21-23, Level 2, 54 Benjamin Way, Block 1,
Section 50, Belconnen, ACT 2617

E : marketing@ahmi.edu.au